

BTEC Tech Award in Sport (2022)

Internal Assessment Requirements

Developed from the popular BTEC First Award in Sport with some of the practical content from the BTEC Tech Award in Sport, Activity and Fitness (2018), this Tech Award is for learners interested in taking a hands-on course alongside their GCSEs that will offer them an insight into what it is like to work in the sector, giving them a broad introduction that keeps all of their options open and allows them to make an informed decision about their future learning and career.



Component 1 – Preparing to take part in sport and physical activity

This qualification is designed to help centres maximise opportunities for a practical delivery method, enriching learners' experience and achieving its purpose.

Assessment – Explore different types of sports provision for a case study, understand the equipment and technology required for participation plan and demonstrate a suitable warm-up considering the case study.

Task	Objective	Time	Delivery Method	Assessment Method	Assessment Weighting
Task 1	Learners will use knowledge acquired to select suitable physical activities for the case study provided considering the provision available	2 hours	Theory and Practical	Written	12%
Task 2	Learners will use knowledge acquired to select and discuss how technology would affect provision for the case study person	1 hour	Practical	Practical	6%
Task 3	Learners will demonstrate practical delivery, communication and planning by producing a warm-up plan and demonstration of the warm-up video* evidence will be of the warm up – approx. 10 mins	2 hours	Presentation	Video and Written	12%

Component 2 – Taking part and improving other participants' sporting performance

Assessment – To develop an understanding of participating in sport by developing their knowledge and understanding of skills and strategies used, in addition to being able to demonstrate these skills through conditioned practice or drills.

Task	Objective	Time	Delivery Method	Assessment Method	Assessment Weighting
Task 1	Understand how different components of fitness are used in different physical activities	1 hour	Theory and Practical	Written	6%
Task 2	Video* of sports skills in a given scenario – approx. 15 min video in isolated practices and competitive situations	1 hour	Practical	Video	6%
Task 3	Rules, regs and roles and responsibilities of officials	1 hour	Practical	Presentation	6%
Task 4	Demonstrating one skills – video* evidence (approx. 10 mins) and written response	1 hour	Practical	Written and Video	12%

*A sample of learners will be required for video evidence. Please see guidance for the required volumes.

NB: 20% of the overall qualification is assessed in a practical way.

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