Saint George's Church of England School Secondary Phase Termly Newsletter

Term 6 Friday, 19th July 2024



Dear Saint George's Parent,

I write to you at the end of a hugely successful academic year for our school, a year which has seen our pupils once again excel in many areas and achieve so much, both collectively and as individuals. I am indebted of course to you as parents for your ongoing support, and to our talented and committed team of leaders, teachers and support staff, some new to the school and many who have served the school, and therefore the local area of Gravesham, for a number of years. We say goodbye to some of those colleagues today, including our HLTA Mrs Todd who has worked in the primary phase from day 1, and Mrs Leeke in our secondary phase. Mrs Leeke in particular has served the school for 23 years and will have seen much change during that time. All our staff leavers go with our very best wishes this afternoon.

There is however, always so much to look forward to and we have made some truly excellent appointments to our staff team for 2024-25. Some have the expertise and skill to nurture and teach children within our new reception classes, others through key stages 1 and 2, and some within the secondary phase all the way up to Year 13. All of this is part of the privilege and excitement of being an all-through school, a journey through education that will be enhanced still further in September as we see Year 6 education at Saint George's for the very first time.

Offering pupils and families an excellent education which is rooted in our local community is very important to us here at Saint George's and across the Aletheia Trust of schools and, with their support, we continue to seek ways to improve and innovate. There have been some key moments in this journey this year. Last October we were visited by Ofsted inspectors who were quick to notice our ethos being lived out within the school community; the outstanding gradings given for personal development and our early years education were well deserved. The appointment of Mrs Taylor to Head of Phase also marks an important (and well-deserved!) moment in the school's development. Finally, it has been a pleasure to welcome our new full-time Chaplain into school at the start of Term 6. Mrs Parrales' work has already begun to see improvements in the way in which we develop pupils morally, spiritually and culturally. Watch this space as we continue to nurture and develop the whole child in this way.

Our worship theme this week (supported by Philippians below) has been about endings and beginnings, so as one academic year draws to an end, and we look forward to beginning the next, I wish you and your families and truly restful and peaceful summer.

Simon Murphy - Executive Head



A Message from the Chaplain - Mrs Parrales

I have really enjoyed beginning to get to know Saint George's All Through school community over these last few weeks. Sharing in conversation, planning, worship, events and much more, it has been a time to begin to know and understand not just the routines and events, but most importantly understand what really matters to everyone as a school community.

It has been encouraging to listen as pupils, staff and parents have talked about the importance of the school ethos and listen to hopes and prayers for what this can continue to look like as we all live out our values in action in the classroom, in the playground, at home and in our wider community.

As Chaplain I am so grateful to join the Saint George's family and am here to help us all to continue to reflect deeply and help us all to put our values into action to build a cohesive and caring community. I am here to support all parts of our community so please do not hesitate to get in touch if you would like to chat more or have ideas that you would like to share.

Thank you so much for the warm welcome I have received, I look forward to continuing to get to know many more of you over the weeks, months and years ahead.

My prayer for us all over the Summer is this:

May we take time to pause;

Breathe in peace, patience, joy and goodness,

Breathe out rush, fear, anxiety and pain.

May we take time to listen;

Hear the joy of fun and togetherness

Drown out the noise of negativity and worry.

May we take time to water the seeds of relationship and character;

And see the growth and strength in all of our hearts and minds.

Amen



Literacy Update- July 2024 Miss J Payne, Literacy Lead and English Teacher Secondary Phase

Firstly, we are very pleased to welcome our new Literacy Learning Mentor and Librarian, Miss Luchford to SGS. Miss Luchford joined us in Term 5 and continues to support students by helping them find engaging books and holding one-to-one reading interventions with students in library lessons.

For World Book Day we raised money for some new books for our school library and nearly £1,000 of new titles are now in circulation for our students to enjoy. Our library is stocked with a range of titles and genres at a range of levels to promote diversity and accessibility within our library.

We are proud to acknowledge that reading is embedded in our school culture at Saint George's and something students engage in every day. KS3 students continue to read for the first 20 minutes of every English lesson and have weekly library lessons where pupils are encouraged to read a range of text types: novels, non-fiction texts, and articles. Thank you to our parents and carers for continuing to encourage reading at home to support your child's reading development and encourage them to achieve their Termly Book Goals.





Well done to our Year 9 cohort for completing their Access Reading Test as part of their PPE schedule this term. We look forward to collating the results and communicating this to parents and carers before the end of the school year. This data is crucial in enabling teachers and teaching assistants to best support their pupils in the classroom.

Year 7 and Year 8 pupils have now completed their final Accelerated Reader Star Test of the academic year and we are proud of the progress students have made in their reading over the year. We look forward to celebrating success and awarding Accelerated Reader certificates in our end of term celebration assemblies.

The literacy programme, Bedrock, continues to be successful in developing reading skills for targeted pupils. Students enjoy using the iPads to interact with the programme that explicitly teaches them new vocabulary and grammar skills. We continue to run competitions across classes and would like to congratulate 7Y5, 8Z4 and 9Y4 on winning the Highest Engagement award in Term 5.

Miss Cunningham continues to run Book Club on a Friday lunchtime in the Library, where pupils have enjoyed reading *'Let's Play Murder'* by Kesia Lupo and are currently reading *'The Witches'* by Roald Dahl.

I am excited to be meeting with Miss Chalk, a fellow Literacy Lead from Knole Academy, a Secondary School who will soon be joining our Trust. I look forward to showing Miss Chalk our library and English Department and talking literacy strategy!

Primary Phase

The Primary phase have had a brilliant year regarding all things Literacy! Highlights include their Year 1 Phonics Screening Check which resulted in 81% of pupils passing, which matches the National average. The Primary Phase invited parents and carers to observe a phonics lesson, followed by parents/carers and their children reading together. Teachers recently visited Parsloe's School, a champion of the phonics programme we use, Little Wandle, where teachers observed a phonics lesson whilst simultaneously listening to commentary about the lesson. All staff agreed this was an extremely valuable training opportunity.





Accelerated Reader continues to be a great success to carefully monitor pupils' progress, but also foster a love of reading. Earlier this year, parents and carers were invited to the Primary school's 'Reading Café' where pupils read with their parents/carers. Classes have been healthily competing against each other through an incentive where pupils place a leaf on their class's tree display when they pass a book quiz. It's amazing to see the trees so full of leaves! The Primary library is well-stocked with a range of text types, genres and serving a range of reading ages. As next year is the first year the Primary will have all year groups, we are excited to receive a new order of books to serve, stretch and challenge our first ever Year 6 class.



A focus on Greater Depth writing this academic year has been very successful, with pupils writing across all year groups improving. SGS has also hosted several writing moderations across the Trust to encourage collaboration and consistency across our Primary schools.

World Book Day has been a real highlight and has brought the two phases together- some of our Year 7, Year 9 and Year 12 students from our Secondary Phase buddied up with our Primary students to celebrate a love of reading. It was wonderful to see all of children engaged in reading and sharing their favourite stories together.

This Term, our Primary pupils have been taking part in a Reading and Arts Festival centered around the theme 'Roots and Wings'. Our students explored this theme by decorating birds with their 'roots' and aspects of their own identities, as well as their dreams and aspirations. We are proud to say that these will be showcased in St George's Arts Centre, Gravesend.

Teaching and Learning

We were very excited to launch our new mode of assessment and reporting to parents in Years 7 and 8 this term. The new language is designed to help everybody gain a clear understanding of what pupils know and can do in relation to the taught curriculum. The language used to assess pupils is as follows:

Developing

A pupil is still developing an ability to remember the core knowledge being taught. They will need support in school and at home to develop effective revision strategies.

Remembering

A pupil can confidently recall the knowledge being taught in lessons over a period of time.

Knowing

A pupil not only remembers the knowledge being taught, but they can apply what they are learning when answering questions, developing interpretations or creating artefacts.

Reasoning

A pupil's knowledge is so broad and solidified that they are able to critically evaluate and challenge concepts and apply knowledge to new and abstract concepts to create convincing and engaging responses and artefacts.

Excelling

This grade will be used when a pupil demonstrates an exceptional aptitude for a subject and is performing at or above 'Reasoning' for a sustained period of time. This is an extremely high level of attainment; as such, we would only expect this grade be awarded in exceptional circumstances.

This mode of reporting will continue for next Year's Year 7 and 8 pupils; in addition, pupils in Year 9 will receive the first round of reports using this language, before we move to GCSE style reporting in the second reports to prepare pupils for Key Stage 4.

I am also excited to share with you that the school is participating in the 'Embedding Formative Assessment', led by The Schools, Students and Teachers network (SSAT) over the course of the next two years. This is an exciting project which will further develop the toolkit of our teachers so that they can effectively assess pupil progress through a range of classroom activities.

BBC Southeast News Congratulations to Marc Guehi

Did you notice Jasmine, Henry, Ben and Renel on BBC Southeast News this week? In an item about former Saint George's pupil and now England regular Marc Guehi, they were able to say just how inspiring his rise to the top has been for them. Talented footballers themselves, all four pupils commented on the things they had heard about Marc and his time here. Aletheia Academies Trust CEO, Steve Carey and Saint George's PE Teacher, Jo Cunningham, added to this by explaining how Marc lived out our school values during his time here and were hopeful for his England future. Well done students and congratulations Marc





Appointment of Head Students

This term we have been through a very competitive recruitment process to appoint our Head Students. There was a very strong field of sixth form applicants who were required to give a presentation on how they would lead school improvement, take part in a team building activity and our final shortlisted students were taken to interview with Executive Headteacher, Head of Sixth Form and our Chaplin. We are so proud of all the students who applied and everyone of them demonstrated strong leadership skills and embodied the values of Saint George's.

We are pleased to announce the appointment of our Head Student leadership team.

Tilly Hartley - Head Student

'It is with great pride and gratitude that I have been appointed Head Student for Saint George's School. This is my first year at Saint George's School as I joined in Year 12, and I can honestly say it has been a very enjoyable year. The school has had a huge impact on my personal growth for which I can only thank Saint George's community for.

I am currently studying A Levels in History, Psychology and English Literature. The supportive nature of the community at Saint George's made me feel immensely welcome in September and this fantastic support has continued in all areas of school life, which has allowed me to flourish. I look forward to meeting students and aim to be approachable and offer an empathetic ear. I feel deeply honoured to take on this role and looking forward to being involved in improving our community and to create an environment where every student can thrive and succeed.

As Head Student, I intend to challenge the issues I feel most passionate about that will have a positive impact on all students' experience. From personal experience, I know transitioning to a new school can be exciting but daunting (for parents too). I am going to work with the Student Leadership Team alongside school staff to ensure all students feel the supportive and inclusive nature of our community to improve the transition period for all new students joining in September! I feel passionately about students having a say in their own school experience, feeling safe and having the self-confidence to strive for the highest standards. I am committed to fostering an inclusive environment where everyone feels valued and heard by their peers and teachers and will encourage students to pitch their ideas. I will be a role model to the younger students and hope to demonstrate good leadership along with effective communication and organisational skills. I hope to encourage students to take advantage of the great opportunities the school has to offer that will only enrich them.

As I step into this role, I am delighted to be filled with a sense of responsibility, enthusiasm and eagerness to be an excellent Head Student. I can't wait to get started.

Samantha Jackson - Head Student

I've been a student at Saint George's since I joined Year 7 in 2018. I study A-levels in Mathematics, English Literature and Psychology. I love the community at Saint George's, and I feel that all of the teachers are amazing and very welcoming to all students. Teachers are very approachable, and I've never been worried to ask for help. As Head Student I aim to promote more inclusivity in our school in order to get more young voices heard and creating safe spaces for younger students to be honest about their opinions and struggles. I believe strongly that every student should have the opportunity to be heard and see and am excited to work with the leadership team to ensure this happens.'

Will Ryan - Deputy Head Student

'I am very pleased and proud to be one of our Deputy Head Students. I joined Saint George's in September 2023 as a new student to the Sixth Form. Since joining the school, I have been made to feel very welcome and the school has made a fantastic impression on me. I am currently studying A Level Business, Media and Psychology which I really enjoy.

In this role, I would like to make our student leadership team easily approachable so that students of all ages and genders feel comfortable talking to us, either about their worries or just to say hello and tell us about their day.

I am honoured to have this role and do not take it for granted. The student leadership team will try our best to enhance the already embedded values of the school in order to provide a friendly, safe and inclusive environment for everyone.'

Rojin Onay - Deputy Head Student

'I am pleased to be on our student leadership team for the upcoming academic year. I have been a student at Saint George's since Year 7 and have chosen to stay here for Sixth Form to study A Levels in Psychology, Sociology, and Business. I really enjoy the supportive and welcoming nature of the Saint George's staff, and I appreciate how every teacher is dedicated to providing a positive experience for their individual students.

I am very passionate about all our school values, and I would love further develop the values of inclusivity and creativity. I believe every student has the right to feel comfortable in their classroom environment and should have the opportunity to express themselves in the way they think is best suited.'



A Level Results Day - Thursday 15th August 2024

All year 13 students can collect their A Level and Level 3 results on Thursday 15th August between 8.30am & 10.30am from the sixth form study centre. Staff will be available to support any student to help them obtain a post 18 destination, including using the UCAS clearing process if necessary. We look forward to celebrating your successes with you.

GCSE Results Day & Sixth Form Enrolment – Thursday 22nd August 2024

- Current Saint George's Students: Year 11 students can collect their GCSE results from the sixth form study centre on Thursday 22nd August between 9am 10.30am. Current students who wish to join our sixth form will also be able to enrol with a member of the sixth form team and take up a confirmed place during results day.
- Students new to Saint George's: Year 11 students from other schools can enrol in our sixth form on Thursday 22nd August between 12pm and 2pm. Students must bring a copy of their 2024 GCSE results, including paperwork evidence of any in year 10 2023 exam series (if relevant), a letter showing proof of address and photo ID. Student enrolment will take place in our sixth form study centre. Should there be spaces still available in the sixth form, the sixth form team will be available on Friday 23rd August between 9.30am and 10.30am in the sixth form study centre to also enrol students. However, we strongly recommend you attend on Thursday 22nd August as courses will close when they are full.
- **For all students**: Please note, to join our sixth form, students must complete the in-person enrolment process for a place to be confirmed. A conditional offer does not guarantee a place in the sixth form if enrolment has not taken place. If a student is unable to attend the sixth form enrolment in person, please contact Mrs Pye (pyem@sgsce.co.uk) by Wednesday 17th July 2024 at the latest, make a plan for enrolment day.

Year 13 Prom

On Friday 28th June, staff and year 13 students celebrated the end of exams and students time at Saint George's School at Ebbsfleet Football Stadium. We all enjoyed a two course sit down meal and then a party afterwards. It was lovely to be able to celebrate with our students and we look forward to seeing them again on A Level results day on the 15th August 2024.









Sports Day 2024

Every student and staff member took part in the Secondary Sports Day this year. There were Community Games, Marathon Sport Games, Quizzes & Athletics running throughout the day. Each student represented their Community competing against other Communities. Each event allowed student to gain points which went towards a total score. This year after drawing in points Rochester Community took on Salisbury Community in a Tug of War as a decider, with Rochester coming out as the eventual winners. We are already planning for next year's event to make it even better and bigger.

Community	Grand Total
Salisbury	443
Rochester	443
Winchester	425
York	<mark>403</mark>
Canterbury	371

Uniform and equipment expectations for the start of the new school year

Dear Parent/Carer,

We wanted to take this opportunity as term 6 comes to an end to remind you about the uniform expectations for September. Please note that the new pleated black skirts with school logo are mandatory for years 7 -10 from September and students are not permitted to wear round neck sweatshirts. Thank you for your continued support in raising standards for Saint George's community.

Saint George's Church of England School Uniform Expectations for September 2024

Trousers or Skirt

Plain black straight school trousers (no jeans, jeggings, or fashion trousers) or pleated black skirt with Saint George's School logo. The new school skirts can be ordered online from Monkhouse www.monkhouse.com

Shirts

White, full length, long/short sleeve with a top button and collar. To be worn tucked in with the school tie.

Red and white fitted shirts can be worn without a tie.

School Blazer

Black, with an embroidered school badge on the pocket. Blazers must always be worn.

School Jumper

Saint George's V-neck jumper or a plain black V-neck jumper (no logos). Jumpers are to be worn properly and not tied at the back or tucked in.

Footwear

Black, leather, or vegan alternative, sensible style shoes. Kicker ankle boots are accepted but trainers of any kind are **NOT** permitted. Shoes are to be worn with plain black socks (under the knee) or black opaque tights. Knee high socks, frills and bows are **NOT** permitted.

School Tie

Saint George's School tie is available from the school reception, payment is via the parent pay account or cash is accepted.

Coats

Coats are weatherproof outer garments to be worn over the top of the blazer, not instead of. Hoodies, sweatshirts, and Nike-Tech fleeces are not part of the school uniform and are not acceptable.

Jewellery

One small pair of studs, and a watch are permitted. Students wearing excessive jewellery will be asked to remove it. Repeat offenders will be sanctioned.

Make-up

Subtle make-up is accepted. Nail varnish and false nails (including SNS, acrylic, gels) are **NOT** permitted. (Students wearing false nails, nail varnish or inappropriate makeup will be asked to remove it or be issued with a sanction).

Uniform and equipment expectations for the start of the new school year

PE KIT

Mandatory

Red PE t-shirt with the school logo (core PE)

Black PE t-shirt with school logo (BTEC PE)

Plain black shorts, plain black joggers or leggings. Skorts are available with the school logo.

Plain black football socks

Trainers

* Winter months only (September - Easter)

Football boots*

Shin pads*

Gum shield*

Optional

If students want to wear a jacket when outside in the cold, they are allowed to wear a black waterproof jacket without any sporting logos.

Equipment

All students should attend school ready to learn. This includes having the correct equipment. The minimum required is: x2 Pens (blue or black ink), x1 green pen, x2 Pencils, x1 Ruler, x1 Eraser and a scientific calculator. Optional but useful items for a pencil case would include: a highlighter or two, a few colouring pencils of various colours, glue stick such as Pritt. NO TIPPEX OR CORRECTING FLUIDS PLEASE. We expect all students to carry their equipment in a school bag suitable for holding A4 books.

Practical Subjects

All pupils must wear aprons to protect their clothing during practical sessions in Design Technology, and Food

Technology. Aprons are provided during these lessons. Long hair must be tied back for practical lessons.

Mobile Phones

Mobile phones - The school operates a strictly, 'on site, out of sight' policy for phones in school. If a pupil's phone is seen or heard buy staff anywhere on the school site, they will have their phone confiscated until the end of the day. If pupils have their phone confiscated three times, parents will be asked to collect their child's phone from reception.

Safeguarding - End of Academic Year Summer 2024



As we reach the end of this academic year, we would like to take this opportunity to thank you for your continued support and wish you and your families a happy, healthy holiday with, hopefully, some sunshine thrown in for good measure.

Below are some information/links/advice networks that you may find useful: -

Porchlights Adolescent Wellbeing Service (PAWS): -

PAWs are seeking your support to find out more about the experiences of parents, carers, children, and young people regarding accessing mental health and wellbeing services.

PAWS provides help for young people (10-18) to overcome mental health and wellbeing-related issues that are affecting their education, home life or relationships with family and friends.

The service uses techniques informed by Cognitive Behavioural Therapy (CBT) and Dialectical Behavioural Therapy (DBT) to help young people improve their wellbeing, become more confident and develop tailored coping strategies to overcome similar issues in the future. Support workers can also help families improve relationships with the young person in their life and get support for other things that are affecting them (housing problems, money, and benefit worries etc).

Referrals are made through the Kent Children and Young People's Mental Health Service (CYPMHS), delivered by the Northeast London NHS Foundation Trust (NELFT).

PAWS is currently available in Ashford, Dover, Folkestone & Hythe and Thanet If you want to know more contact: paws@porchlight.org.uk

Manging Online Screen Time

What's the problem?

Spending time online and on devices can be a positive thing. But high levels of screen time can put your child more at risk of:

- Being bullied online
- Abuse and grooming (when someone builds a relationship with a child to exploit or abuse them)
- Seeing inappropriate content
- Not getting enough sleep and exercise

Steps you can take to protect your child: -

Set parental controls on devices

- Use parental controls to restrict access to in-app purchases and explicit or age-rated content, and, on some devices, how long they can spend on the device.
- You'll likely need to set a password. Make sure it's different from the password used to access the device, and that your child doesn't know it.
- Parental controls are usually located under 'Settings'. See below for more detailed instructions for different devices.

Agree rules on screen time

- There are mixed views on 'safe' screen time, but you could agree some limits to stop screen time interfering with your child's sleep or family activities:
- Make a plan together and stick to it. You could set media-free times and zones, like during meals or in bedrooms.
- Try to avoid screens an hour before bedtime.
- Model the behaviour you want to see which may mean no screen time for you at the times agreed with your child. Children are more likely to learn from example.
- Try to minimise snacking during screen time.
- Turn not using screens into a game, using apps like <u>Forest</u>, where not using devices is rewarded

Talk to your child about staying safe online

- To be aware that anyone can pretend to be a child online.
- If they talk to people they don't know, not to give away personal information like what street they live on or where they go to school, or to share their location with them. To say no to any requests, they get for images or videos, and stop talking to the other person if they are asked for these things.
- To set their profiles to private, to limit what others can see.
- To be 'share aware' think carefully about what they share and with whom. Once it's out there, they've got no control over what the other person does with it. Remember, it's illegal to take, share or view sexual images of under-18s, full stop.
- If they see something that upsets them, or someone bullies them, to tell an adult they trust.
- Don't feel confident starting a conversation with your child about what they're up to online? Read this advice from the NSPCC: https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety/

Encourage off-screen activities

- Help your child get active for the recommended 60 minutes a day.
- See www.nhs.uk/change4life/activities for free ideas for activities and games.
- Try an app that's designed to get children active see the examples at www.internetmatters.org/resources/apps-guide/apps-to-help-kids-get-active/

HAF (Holiday Activities & Food Programme)

The Holiday Activities & Food Programme (HAF) in Kent focusses on children's physical health and wellbeing by providing healthy food and exciting activities for children and young people during the holidays.

At Sports Connect we are delighted to run the Holiday Activity and Food programme during every major school holiday in partnership with KCC, The Education People and Kent Children and Young People organisations.

Our focus is on sport, physical activity, and health sessions and these are held at our Aylesford Bulls site in Aylesford near Maidstone (ME20 7DS). We have a timetable that encompasses some structured activities to aid development of learning the skills associated with the different activities as well as free time to allow children to explore their imagination and play.

Activities Include: -

- Multi-sports (Football, Cricket, Rounders, Hockey & Dodgeball and more!)
- Sports Games
- Healthy Living activities
- FREE HOT LUNCH
- Arts and crafts
- Health and Wellbeing guidance

Alongside our sport and physical activity offer we also provide opportunities for arts and crafts which gives the children an opportunity to learn new skills. This element may be carried out indoors or outdoors depending on the weather and activity. Part of our make up at Sports Connect is our highly skilled staff who ensure our programmes are accessible for all. If your child has an EHCP, disability or requires some extra support, please do let us know so we can make our provision as inclusive as possible.

The HAF Programme is FULLY FUNDED for any child whose family receive free school meals.

To apply for the HAF programme please apply by clicking the link and pay just £20 a day or £70 a week!

If require further information, please email: - eleanor.fletcher@sportsconnect.uk

https://sportsconnect.uk/holiday-activities-food-programme-haf/#:~:text=The%20Holiday%20Activities%20and%20Food,people%20during%20the%20sc hool%20holidays.

Reminder: -

Saint George's CofE will be hosting the annual Twilight Walk to support Ellenor Hospice. A band of staff will be taking part and we will be fundraising as a group 'Saint Georges Dragons' – please support this wonderful local charity, sign up, walk with us and donate: - https://ellenorhospices.enthuse.com/pf/kaz-alpnar

And Finally: -

The Safeguarding Team here at Saint Georges CofE, would like to take this opportunity to wish you a happy holiday and we look forward to welcoming your child back in September 2024.

Please do remember that we offer termly 'Drop In' sessions in regard to general safeguarding and provide information on relevant topics. Some topics covered this academic year have included self-harm, mental health and wellbeing, anxiety, exam stress online culture and social media awareness. We are always open to suggestions on topics that you would like us to cover or provide more information on.

We are here to answer any questions/concerns/worries and support or signpost you accordingly.

Please contact: -

HartleyE@saintgeorgescofe.kent.sch.uk AlpnarK@saintgeorgescofe.kent.sch.uk

Out of hours safeguarding

For Immediate Safeguarding Concerns: -

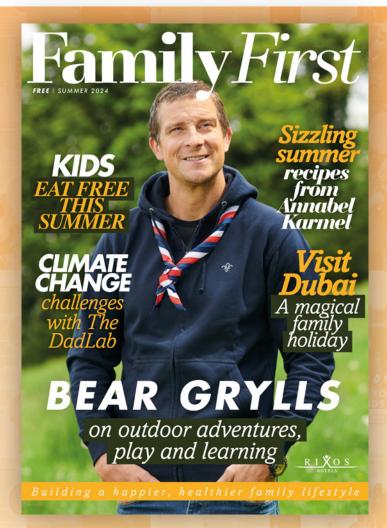
- Please call The Front Door Team if you are concerned about the safety and wellbeing of a young person 03000 411111 or 03000 419191 (out of hours): -
- Call 111 option 2 for mental health/crisis team.
- Call 101 if you suspect a crime.
- Call 999 if there is a danger to life.

If you are a student and are worried about your mental health or emotional wellbeing, you can: -

- · Call NELFT for mental health support (24/7) 0300 555 1000 email: nelft.nhs.uk
- Call Childline for immediate support around a variety of issues 0800 1111 email: childline.org.uk

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